



21 days of prayer + Fasting

The Priority, Place, Plan, Power & Person of Prayer

- 1. Father, teach us to pray first.** Before we worry, react, make decisions, have conversations, or attempt to solve problems ourselves, train our hearts to come to You first.
- 2. Lord, make prayer a priority in our lives.** Forgive us for giving You what remains of our time instead of giving You the first and best part of our day.
- 3. Father, help us establish a place of prayer.** Give us discipline to separate ourselves from distractions so that we can meet with You consistently.
- 4. Lord, give us a plan for prayer.** Teach us that prayer does not have to be random. Use the biblical models You have given us to guide our conversations with You.
- 5. Holy Spirit, release Your power through our prayers.** Deliver us from depending exclusively on our intelligence, ability, connections, and resources.
- 6. Father, deepen our relationship with You.** May prayer become more than asking You for things; may it become the place where we know You personally.

The Lord's Prayer

Connect With God Relationally

7. Our Father in heaven, help us approach You relationally. Remind us that we are not approaching a distant deity but a loving Father who desires relationship with His children.

8. Hallowed be Your name. Before we focus on our problems, we focus on Your greatness. You are holy, faithful, righteous, loving, powerful, and good.

9. Lord, let Your Kingdom come. Establish Your priorities in our hearts, homes, churches, workplaces, schools, communities, and nation.

10. Father, let Your will be done. We surrender our preferences, plans, agendas, and expectations to You. What You want matters more than what we want.

11. Give us today our daily bread. We depend upon You for today's strength, wisdom, provision, grace, opportunity, and resources.

The Lord's Prayer

Connect With God Relationally

12. Father, forgive our sins. Search us and reveal attitudes, actions, thoughts, motives, and habits that are inconsistent with Your character.

13. Lord, help us forgive others. We release the people who have wounded, offended, betrayed, disappointed, or mistreated us.

14. Lead us not into temptation. Give us discernment to recognize temptation early and strength to choose Your way of escape.

15. Deliver us from evil. Protect our families, minds, bodies, relationships, purpose, and spiritual lives from the schemes of the enemy.

16. Yours is the Kingdom, power, and glory. We finish where we began—with our attention on You rather than ourselves.

Praying the Names of God

17. Jehovah-Jireh, be our Provider. Teach us to trust You as the source behind every resource.

18. Jehovah-Rapha, be our Healer. Bring healing to bodies, minds, emotions, relationships, memories, and wounded hearts.

19. Jehovah-Nissi, be our Banner. Fight battles that are beyond our ability and remind us that victory ultimately belongs to You.

20. Jehovah-Shalom, be our Peace. Bring supernatural peace into anxious minds, troubled homes, difficult circumstances, and uncertain futures.

21. Jehovah-Raah, be our Shepherd. Lead us, feed us, correct us, protect us, and keep us from wandering.

22. Jehovah-Tsidkenu, be our Righteousness. Remind us that our standing with You rests in Your grace rather than our performance.

23. Jehovah-Shammah, let us experience Your presence. Whatever we face today, remind us that we never face it alone.

Tabernacle Prayer

24. Father, as we enter the outer court, we bring You thanksgiving and praise. Before requesting anything from Your hand, we honor You for who You are.

25. Jesus, at the brazen altar, we remember the cross. Thank You for salvation, forgiveness, healing, redemption, and freedom purchased through Your sacrifice.

26. Lord, at the laver, cleanse us through Your Word. Show us where our thinking, speaking, attitudes, and behavior need to change.

27. Holy Spirit, at the lampstand, fill us afresh. We cannot accomplish spiritual assignments through human strength. Give us Your power.

28. Father, at the table of showbread, give us hunger for Your Word. Don't allow us to live spiritually malnourished while surrounded by Scripture.

29. Lord, at the altar of incense, teach us to worship. May our prayer not simply be about what we need from You but about our love for You.

30. Father, bring us beyond the veil into intimate communion with You. We don't merely want Your blessings; we want Your presence.

The Prayer of Jabez

31. Father, bless us indeed. Give us spiritual blessing, wisdom, favor, opportunities, relationships, and resources that enable us to accomplish Your purposes.

32. Lord, enlarge our territory. Increase our influence—not for our fame, but so that more people can be impacted through our lives.

33. Father, let Your hand be with us. Never allow our opportunities to become greater than our dependence upon You.

34. Lord, keep us from evil. Protect us from temptation, pride, compromise, distraction, deception, and anything that would sabotage our calling.

35. Father, don't allow our pain to determine our future. Like Jabez, give us faith to believe that our beginning does not have to dictate our ending.

Warfare Prayer

36. Father, expose every lie of the enemy.

Replace deception with truth and give us discernment to recognize thoughts that contradict Your Word.

37. Lord, break the power of unforgiveness. We refuse to allow an offense to become an entrance through which the enemy gains influence in our hearts.

38. Father, break destructive generational patterns. Through the finished work of Jesus, empower us to establish new patterns of holiness, wisdom, faithfulness, and freedom.

39. Lord, guard our minds. We take captive thoughts of fear, condemnation, lust, insecurity, bitterness, hopelessness, and unbelief and bring them under the authority of Christ.

40. Father, help us put on the whole armor of God. Cover us with truth, righteousness, peace, faith, salvation, and the Word of God.

41. Lord, give us authority over temptation. Help us recognize the enemy's strategies and stand firmly upon Your Word.

Intercessory Prayer - Praying for Others

42. Father, give those we love spiritual wisdom and revelation. Open their eyes so that they may know You more deeply.

43. Lord, bring salvation to those who do not know You. Remove spiritual blindness, soften hearts, and place people in their lives who will point them toward Jesus.

44. Father, bring prodigals home. Pursue those who have wandered away and awaken within them a desire to return to You.

45. Lord, strengthen our pastors and spiritual leaders. Protect their marriages, families, minds, health, integrity, and calling.

46. Father, strengthen Your Church. Give us unity, spiritual hunger, generosity, compassion, holiness, and passion for reaching people.

47. Lord, give us opportunities to make a difference. Put people in our path whom we can encourage, serve, disciple, pray for, and introduce to Jesus.

Prayer and Fasting

Hodges describes fasting as a companion to prayer: denying physical cravings creates space to seek God more intentionally.

48. Father, teach us to deny ourselves so that our spiritual hunger becomes greater than our physical appetites.

Reveal anything that has gained too much control over our attention or desires.

49. Lord, as we pray and fast, increase our sensitivity to Your voice. Quiet competing appetites and distractions so that we can hear You clearly and obey You quickly.

50. Father, make “Pray First” more than something we say—make it the way we live. Before the day begins, before we make decisions, before we respond, before we worry, before we fight, before we give up, and before we attempt to fix it ourselves, teach us to **PRAY FIRST.**